




ICON[®] CARIES INFILTRATION

POST TREATMENT CARE FOR PATIENTS

1. Refrain from consuming dark or strongly colored foods and beverages that may stain teeth, for least 24 hours following treatment. Examples include: mustard, soy sauce, grape juice or other strongly colored juices, dark colored sodas, coffee or tea, or anything that contains artificial coloring.
 2. Care for irritated gums with soft brushing, warm salt water rinses and eating soft foods. Irritation, if present, will resolve within a few days.
 3. Wait a minimum of two weeks after treatment before using an in-office or at-home bleaching or whitening product. If applied too soon after treatment, at home whitening products (i.e. white strips) may potentially cause white spots to reappear temporarily, but should self-correct within 24 to 48 hours.
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Contact your dentist directly with any questions following treatment.